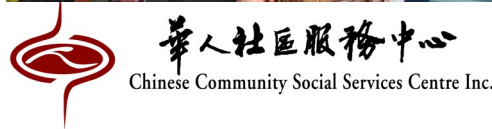


Our Services

- Personal care and medication management
- House cleaning, gardening
- Meal preparation and nutrition
- Management of skin integrity and continence
- Rehabilitation support, nursing care & allied health services (e.g. physiotherapy, occupational therapy, speech therapy, podiatry etc.)
- Minor home maintenance & modification
- In-home respite
- Case management & monitoring
- 24 hours emergency support

Our Uniqueness

- CCSSCI is a government approved and funded provider for STRC. We have own team of qualified and experienced staff to ensure delivery of consistent and high quality of service to our clients
- All our staff & management are from Chinese background, able to speak English, Mandarin, Cantonese or other Chinese dialects, who can well understand your needs.



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華人社區服務中心
Chinese Community Social Services Centre Inc.

Short Term Restorative Care Program

短期復康護理計劃



查詢請致電 Enquiry

(03) 8848 0288

什麼是短期復康護理?

短期復康護理計劃 (STRC) 是一個政府資助的創新計劃。目的是透過多元化醫療團隊提供的密集服務, 重建長者的活動能力和自理能力, 減緩體能的衰退。

誰可以從短期復康護理計劃中受益?

- 正在經歷身體或認知能力衰退的長者
- 有機會透過短期密集的護理和服務, 恢復/提高能力的水平
- 希望繼續安全及獨立地留在家中生活的長者

短期復康護理可達到的成效

- 能夠在多元化醫療團隊的幫助下實現自我確立的目標
- 能在 8 週時間內恢復或保持活動能力及平衡, 認知及心理能力
- 更安全地在家中生活
- 在多元化醫療團隊提供的教育和方法後, 能夠自我照顧

服務包括

- 個人護理和藥物管理
- 家居清潔, 花園整理
- 膳食準備和營養
- 康復照顧, 皮膚及失禁護理和相關保健服務 (如物理治療、職業治療、語言治療、足部治療等)
- 簡單的家居維修及改裝
- 提供生活輔助儀器
- 短暫家中看顧讓家人休息
- 個案管理和監察
- 24小時緊急支援服務

我們的特色

- 華人社區服務中心是政府核准及資助提供短期復康護理的機構, 職員都擁有專業資格和豐富經驗, 確保為您提供優質的服務
- 我們的職員及管理階層都是華人, 能說英語、普通話、廣東話或其他中國方言, 能明白您的需要

What is Short Term Restorative Care Program?

The Short-Term Restorative Care (STRC) Program is a government funded, new and innovative program. It is delivered in the form of goal oriented, high intensity and multidisciplinary package of services, aiming to optimise the functioning and independence of older people and to minimise functional decline.

Who may benefit from STRC?

- For those experiencing decline in physical or mental ability
- For those likely to regain/ improve level of function after short term, high intensity care and services
- For those wishing to remain home safely and independently

Possible outcomes after STRC

- Able to achieve self- identified goals with the help of our multidisciplinary team
- Able to regain or maintain functional strength and balance, cognitive and psychosocial functioning in 8 week time
- Able to manage activities of daily living more safely around the home
- Able to self-manage interventions after education and strategies provided by our team